



# WORKSHOP: FAMILY NUTRITION SERIES

## WOULD YOU LIKE TO...

- LEARN WAYS TO FIX EASY AND NUTRITIOUS MEALS?
- LEARN HOW TO READ AND UNDERSTAND FOOD LABELS?
- RECEIVE ADDITIONAL INFORMATION REGARDING COMMUNITY RESOURCES AND UPCOMING ACTIVITIES AT THE TITLE I NEIGHBORHOOD RESOURCE CENTER?



**EFNEP**

**Expanded Food & Nutrition  
Education Program**  
*Buy better. Eat better.*

*Every day you become a  
better parent!*

**Tuesday, April 3rd, 10th, and 24th, 2018, 10:00 A.M.**

Located in the Northside Shopping Centre

7900 N.W. 27th Avenue, Space F-9, Miami, FL 33147

Phone: 305 694-7120 • Fax: 305 694-7121

Parents welcomed • Hours of operation: 8:00 A.M.– 4:30 P.M.\*

Limited space • Please contact us to RSVP • Participant(s) that may need accessibility accommodations and translation services should call at least ten (10) business days in advance.

*\*Hours of operation may be adjusted during special events.*





# Title I Neighborhood Resource Center

## Your Child's Success Begins with Your Parental Engagement



### Honesty

### Family Nutrition

### Agenda

Tuesday, April 3, 2018  
10:00 a.m.

Welcome and Introductions.....Ms. Bernadette Montgomery, District Director  
Title I Support Programs

Mr. Pedro Arteaga, Executive Director  
Compliance and Accountability

Introduction of Presenter..... Ms. Rendy Blanchard, Foreign Student Advisor  
Department of Title I Administration

Presenter..... Ms. Marie Alcindor, Program Assistant  
Expanded Food & Nutrition Education Program University of Florida

Upcoming Events and Activities.....Ms. Blanchard

Questions/Answers

Evaluations

Giveaways



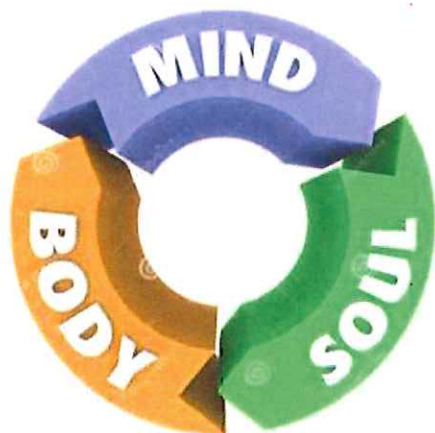




# WORKSHOP: **MIND, BODY, AND SOUL: DIABETES EDUCATION (SIX-WEEK SERIES)**

## WOULD YOU LIKE TO...

- LEARN AND UNDERSTAND THE RISK FACTORS FOR DIABETES?
- LEARN HOW TO MONITOR YOUR BODY AND MANAGE DIABETES THROUGH MEAL PLANNING?
- LEARN ABOUT THE IMPORTANCE OF MEDICATIONS AND MEDICAL CARE ?
- RECEIVE ADDITIONAL INFORMATION REGARDING COMMUNITY RESOURCES AND UPCOMING ACTIVITIES AT THE TITLE I NEIGHBORHOOD RESOURCE CENTER?



*Every day you become a better parent!*

**Every Wednesday, April 4th - 25th, and May 2nd-9th, 2018, 10:00 A.M.**

Located in the Northside Shopping Centre

7900 N.W. 27th Avenue, Space F-9, Miami, FL 33147

Phone: 305 694-7120 • Fax: 305 694-7121

Parents welcomed • Hours of operation: 8:00 A.M.– 4:30 P.M.\*

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# Title I Neighborhood Resource Center

## Your Child's Success Begins with Your Parental Engagement



### Honesty

## Mind, Body and Soul: Diabetes Education Series

### Agenda

Wednesday, April 4, 2018  
10:00 a.m.

Welcome and Introductions.....Ms. Bernadette Montgomery, District Director  
Title I Support Programs

Mr. Pedro Arteaga, Executive Director  
Compliance and Accountability

Introduction of Presenter..... Ms. Rendy Blanchard, Foreign Student Advisor  
Department of Title I Administration

Presenter.....Ms. Patricia Dorcius, MPH, Community Health Worker  
Miami-Dade Area Health Education Center

Title I Parent Updates.....Ms. Elizabeth Tejada, Senior Computer Operator  
Department of Title I Administration

Upcoming Events and Activities.....Ms. Blanchard

Questions/Answers

Evaluations

Giveaways







# WORKSHOP: **THE PARENTS' CORNER**

## WOULD YOU LIKE TO...

- PARTICIPATE IN AN OPEN DISCUSSION AND SUPPORT GROUP TO EFFECTIVELY ADDRESS PARENTAL AND FAMILY CONCERNS?
- PARTICIPATE IN DISCUSSIONS WITH THE GOAL OF INCREASING STUDENT ACADEMIC PERFORMANCE AND THE QUALITY OF LIFE?
- RECEIVE ADDITIONAL INFORMATION REGARDING COMMUNITY RESOURCES AND UPCOMING ACTIVITIES AT THE TITLE I NEIGHBORHOOD RESOURCE CENTER?



*Every day you become a better parent!*

**Every Thursday, April 5th - 26th, 2018, at 10:00 A.M.**

Located in the Northside Shopping Centre

7900 N.W. 27th Avenue, Space F-9, Miami, FL 33147

Phone: 305 694-7120 • Fax: 305 694-7121

Parents welcomed • Hours of operation: 8:00 A.M.– 4:30 P.M.\*

Limited space • Please contact us to RSVP • Participant(s) that may need accessibility accommodations and translation services should call at least ten (10) business days in advance. *\*Hours of operation may be adjusted during special events.*





# Title I Neighborhood Resource Center

Your Child's Success Begins  
with Your Parental Engagement



## Honesty

### The Parents' Corner: Free Application for Federal Student Aid (FAFSA)/Financial Aid

#### Agenda

Thursday, April 5, 2018  
10:00 a.m.

Welcome and Introductions.....Ms. Bernadette Montgomery, District Director  
Title I Support Programs

Mr. Pedro Arteaga, Executive Director  
Compliance and Accountability

Introduction of Presenter.....Ms. Lenora G. Stafford, School Social Worker  
Department of Title I Administration

Presenter.....Ms. Maria Malvar, Coordinator  
The Parent Academy

Title I Parent Updates.....Ms. Elizabeth Tejada, Senior Computer Operator  
Department of Title I Administration

Upcoming Events and Activities.....Ms. Blanchard

Questions/Answers

Evaluations

Giveaways

