



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan
 School Year: 2021 - 2022

School Name & Location Number:	Hialeah Elementary School #2361
Principal:	Rosa B. Iglesias
Phone Number:	(305) 888-6709
School Wellness/Healthy School Team Leader:	Coach Pedro Lassus
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Coach Pedro Lassus; Madelyn Almeida-Fernandez, AP; Marina Suarez, Counselor; Natalie Wagner, Reading Coach; Miriam Rijo, Math Coach; Jewel Howard, Teacher
Committee Meeting Dates:	Meeting dates are the second Monday of every month (monthly).
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input checked="" type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	<p>Nutrition Our school is partnered with the Farm-to-School program which allow our students to take fresh fruits and vegetables home.</p> <p>Physical Education Our school physical education teacher/coach ensures our students in 2nd - 5th grade receive their scheduled P.E. classes with fidelity and keeps them on the move in a safe environment.</p>

	<p>Physical Activity Our team will focus on encouraging all teachers to implement their assigned recess time. This will support us all in keeping our students moving throughout the day. Staff will continue to be encouraged to stay active and the school Fitbit team will motivate Fitbit team members to reach their daily and weekly goals.</p> <p>Health and Nutrition Literacy Our Coach and school counselor will be the primary leaders in implementing health related topics and articles to our staff and students. Our Coach will provide nutrition education for students and staff. Alongside our school butterfly garden, we have a small vegetable and herb garden.</p> <p>Preventive Healthcare Our committee members alternate in reminding the staff to conduct their annual visits, health screenings, etc.</p>
<p>Community Engagement:</p>	<ul style="list-style-type: none"> -School health professional to select fruit or vegetable to highlight during meetings -Sending home harvested school garden produce -Increase business partnerships in the local area
<p>Monitoring and Evaluation:</p>	<ul style="list-style-type: none"> -Committee Meeting sign-in sheets -School Health Fair attendance -Designated teacher or cafeteria staff member responsible for monitoring and distributing harvested school garden produce -Start the EESAC and social media advertisements earlier in the following school year -Have more organized meeting agendas and set times for the following year
<p>Other Activities: If applicable, attach supporting documentation (e.g. event flyer)</p>	<ul style="list-style-type: none"> -Quarterly Family Health and Literacy workshops (virtually) -Plan and organize bimonthly school-wide 5K's (in the park adjacent to the school building)